

# IMZ&CO.

Snow - MSA - Problem Page - Horoscopes



# Table of Contents



|                           |    |
|---------------------------|----|
| Letter From the Editor    | 03 |
| St. Moritz                | 05 |
| Fun Photos                | 06 |
| IS Ski Day                | 08 |
| CLSP Ski Day              | 09 |
| Student Council Elections | 10 |
| MSA Awards                | 11 |
| IB Art Exhibition         | 13 |
| Boarding Sleepovers       | 14 |
| Crazy for Creative        | 15 |
| IMZ Talent Show           | 16 |
| Youth Forum               | 17 |
| Problem Page              | 18 |
| Star Signs                | 20 |





# Letter from the Editor

Welcome to our latest edition of the Montana Student Magazine. This time, it's all about the fun we've had over this winter. From ski days to the talent show, boarding weekends to the youth forum, and even fun horoscopes, we've got all the fun from this Winter here at Montana. We have collaborated with the lovely boarders, the IMZ Student Council, all our dedicated contributors and designers and everyone who took the amazing photos you will see included.

If you have fun photos, article ideas, a good English essay, or an opinion piece, please send it in, we're always happy to include your ideas. Now, as we say goodbye to the slopes and our winter jackets, we can all look back on the fun of the winter and become more and more excited for summer. Please enjoy,

**Ava Wilson**



**Editor-in-Chief** - Ava Wilson  
**Production Editors** - Bailey Gallagher and Caio Menegardo  
**Magazine Team Writers** - Eunice Ding, Aida Garbuio, Arya Mohammed, Keeanna Naidoo, Jameson and Jefferson De Siun  
**Contributors** - Ayako Kawate, Sarah Wilhelm and Elen Pexidrova  
**Managing Editor** - Ms Burban





# St Moritz

I went to St Moritz with Montana for the ski holiday. It was a lot of fun with my friends and amazing teachers. I went to St Moritz two years ago, but this time it was way more fun than before.

The weather and snow was amazing, and we skied the whole day until 4pm. I brought my speaker with me so that my friends and I could listen to loud music. The food was perfect, especially the cheeseburgers - they were the best!

At the beginning of St Moritz, I played card games or went to the spa to take a break from skiing. Not only did we have a spectacular time during the day skiing, but we also had a relaxing time at night. My friends and I went to the spa on the second night, and we were amazed by the variations of different pools. For example, there was a jacuzzi, water slides and a huge swimming pool with a diving board.

My friends and I went to the St Moritz lake to meet my friends from another school to see them playing cricket. I have never seen people playing cricket, so it was very interesting. After that we went shopping in the city center of St Moritz. My friend saw an adorable jacket from one of the shops there, and she was very happy about her purchase. We kept looking around the city and then went to the lovely café and had some tea and sandwiches. I hope that we will have a much more fun trip next year.

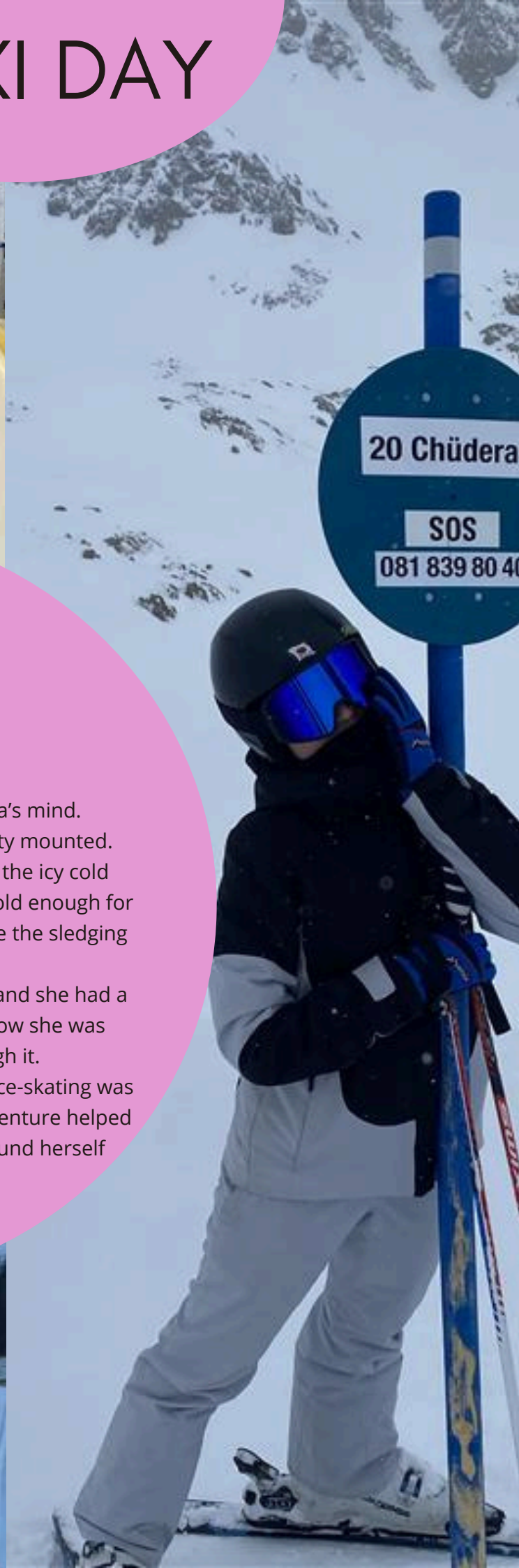
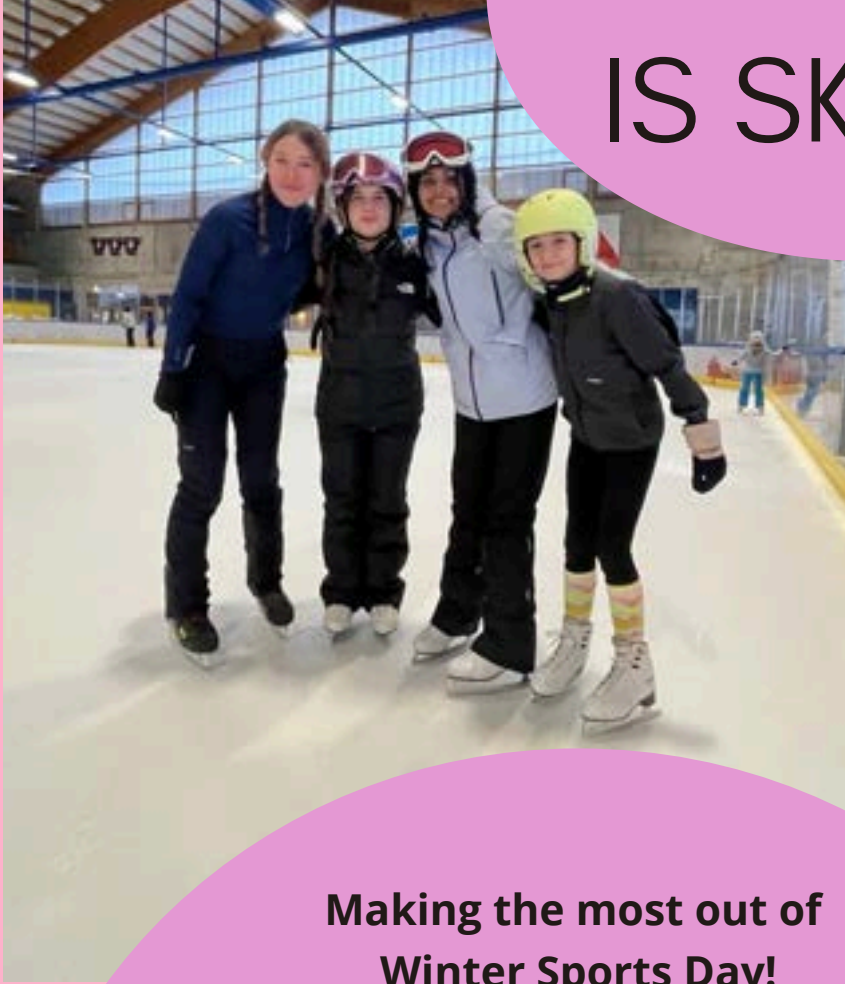
by Ayako Kawate

Photographs thanks to Yeva and Anna





# IS SKI DAY



## Making the most out of Winter Sports Day!

by Keeanna Naidoo

*Do I have to? Do I have to? Do I have to?*

This question circled over and over again in Arya's mind.

As the bus reached the top of Engelberg, her anxiety mounted.

Sweating through the last of the ski outfit change, the icy cold beckoned her from the outside. It was cold but not cold enough for fresh snow and she knew the icy ground would make the sledging that much more difficult.

Unfortunately, her predictions were mostly correct, and she had a somewhat traumatic crash into a pole. Yet somehow she was victorious as well, perhaps just to get through it.

There was light at the end of the tunnel though: the ice-skating was exhilarating; it was Stephanie's birthday; and the adventure helped make the special day memorable and fun. Arya found herself having lots of laughs, after all!!!







# CLSP SKI TRIP

On the fifteenth of January my school went on a three-day ski trip. It was an amazing experience because we got put together with our friends in a room. On the first day of the trip, we all met at Schöneegg where we went on the bus to Pizol.

The next day, we got ready for another day of skiing where I went to a ski park with my group, and we learned how to go backwards and do 360 spins. It ended with some great afternoon skiing. After skiing we ate at a restaurant and then we played some games. On the last day, there was a ski race and we went down the gondola and went back home. It was fun, and I would really love to do it again.

The ski trip was not only great, but really exciting, and the mountains were beautiful. However, the room we stayed in wasn't as comfortable as expected, which meant we didn't sleep alot. Also, some students in the group were a bit noisy and disruptive, making it challenging to relax after skiing. Although there were some small issues, the experience this time was pretty good.



# Student Council Elections

2024-2025

by **Bailey Gallagher (Student Council President)**

Next year's Student Council only consists of current IS tenth graders. Most of us have been at the school for around five years and are both externs and interns. We plan to improve the school experience for the student body and re-open the school Kiosk. Minor events such as dress up days are also currently in the works. Surveys are being created to gather a large amount of student input and this information will help the various committees to better student life. Personally, I hope that the student body feels comfortable contacting the Student Council as our purpose is to help you all.

If you have participated already, we would like to extend our thanks.





# MONTANA STUDENT AWARDS







# IB ART EXHIBITION





by Jameson De Siun

# BOARDING SLEEPOVER

## Time to experience boarding life first hand

Stepping into the world of boarding life was like embarking on an exciting journey filled with new experiences and lasting friendships. From the moment I arrived, the boarding supervisors welcomed me with warmth and kindness, ensuring my transition into this new chapter was smooth and comforting.

One of the first things that struck me was the vibrant atmosphere of the kitchen. It wasn't just a place to cook; it was a hub of activity where students from different classes and grades gathered to share stories, laughter, and snacks long after school days. It felt like being part of a big, extended family.

And then there was the grotto—a hidden gem that became a fantastic hangout spot for night owls and partygoers alike. With its vibrant energy and pulsating music, it was the perfect place to unwind and let loose after a long day of classes and activities.

Speaking of activities, the options seemed endless. From sports to arts and crafts, there was something for everyone to enjoy.

But what truly stood out was the ski trip to Lenzerheide. It was a day filled with adrenaline-filled slopes, laughter echoing through the mountains, and unforgettable moments shared with friends. The experience not only tested our skiing skills but also strengthened the bond of friendship among us.

Returning to the boarding house after a day of adventure or a night of dancing was always a treat. The wonderful staff had prepared a wide variety of dinners, catering to every taste and preference. Even late at night, they were there with a smile, ensuring we were well-fed and satisfied.

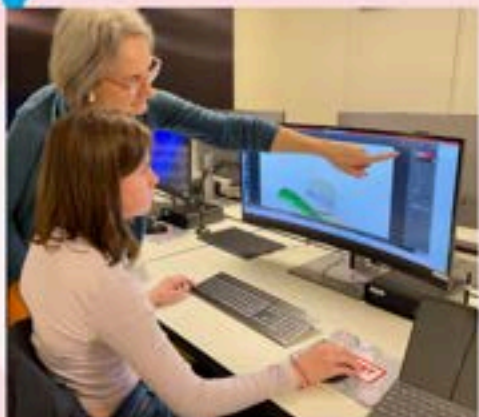
Reflecting on my time in boarding, I can wholeheartedly recommend the experience to any younger students. It's more than just a place to sleep; it's a vibrant community where friendships flourish, new experiences abound, and memories are made. From the kindness of the supervisors, the welcoming atmosphere of the kitchen, the exhilarating activities, the vibrant grotto, and delicious dinners, boarding life offers an enriching and unforgettable experience that I am grateful to have been a part of.

# CRAZY FOR CREATIVE!



## DIGITAL ILLUSTRATIONS

Digital Illustration lets students to work with a Photoshop Software. They learn how to use tools in practice by working on projects. The club's energy is very free-flowing. Digital Illustration is run by Ms Azpeitia. She even does lessons outside of designated hours as she is very passionate about it, and students should use it to learn.

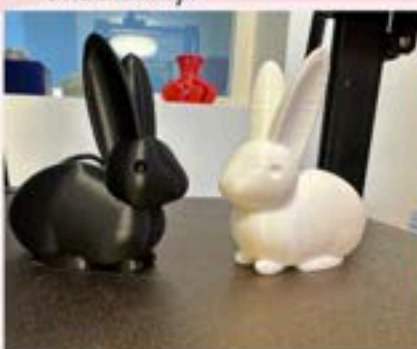


## DIGITAL ILLUSTRATION

The designs from Digital Illustrations can even be advertised. Ms Azpeitia may give suggestions, but students have much say in what the final product is. Students don't have to pay a dime, since it is paid for in full by the school. The activities are complex and use a student's creativity. The club is always open and always inviting others to come to Digital Illustrations. This fun club helps students to imagine anything and create it.

## 3D PRINTING

In 3D printing, you learn new skills in a new program by doing mini projects individually. This lets students to better understand the software they are using. It is completely free for the 25 students who attend. However, there is always room for more students. This is a fun club that draws out a student's creativity.



## 3D PRINTING

The 3D Printing Club runs from Monday to Thursdays every week. Mr Rakic runs the club, and students say he is very kind and funny, as well as accommodating to students. The Program is individual and comes with tutorials on how to use the software. Students from all sections have joined, and they are currently working on designing mugs, as well as a rabbit. 3D Printing invites all those who are curious to join.

2023-2024

# IMZ Talent Show

by Jameson De Siun



For the first time in over a decade, the IMZ Student Talent Show made its triumphant return, spearheaded and organised by Spartak and with the assistance of three judges and the Student Council. The evening kicked off with a bang as Jamie Hill and Mr Lowder set the stage on fire with their jazzy rendition of the school rules, igniting the excitement for an unforgettable night ahead. Grade 12 student Alex further fuelled the energy with a dynamic lip-sync dance performance to Dua Lipa's "Physical," captivating the audience with his stage presence and charisma. Following Alex's electrifying performance, the spotlight shifted to a younger crowd of students, including the talented Ramlogan family, who delivered enchanting back-to-back acts. Afterwards, B-Boy CC took to the stage and showcased his breakdancing skills, which earned him the first place award at this year's IMZ Student Talent Show.







## Youth Forum Switzerland

by Sarah Wilhelm

My friend Elen and I went to the Youth Forum at ISZL. We can both say that it was definitely an educational experience. We went to many panels, where people from different careers and talked to us about their experiences. People came from all over the world to come and see this. There were representatives from many different schools there, and we saw many students come together and share their interests and learn.

One thing that stuck us was the motivational opening speech, by a man who escaped North Korea and now lives in the UK. He talked about all the things that he had to endure and the things he had to go through to get where he is now. We really reflected on that, and it changed our perspective.

To summarise, the whole day was educational, interesting and fun. We hope to go there again next school year so that we can learn more.

by Elen Pexidrova

On the 12th January, I went with my classmate Sarah to the Youth Forum at the International School Zug and Luzern. The Youth Forum Switzerland is a global event for young people. Every year, a range of speakers from around the world are present, discussing topics that mostly affect young people.

When we arrived at the site, we were amazed at how many young people were there and at how well the students attending ISZL had managed to organise everything. Sarah and I listened to four panels in total during the whole day: The Future of Medicine, Learning for an Uncertain Future, Taking the First Steps in Youth Engagement, and Pioneering the Energy Sources of Tomorrow. Some panels were very interesting, but I must admit that a few of them were a bit boring.

Overall, we enjoyed the time spent at the Youth Forum. I think it was a very useful experience and I hope we will go next year again.

# PROBLEM PAGE

by Arya Mohammed

*You deserve to be treated with respect and dignity, and it's okay to stand up for yourself*

## I GET FED UP OF THE BOYS IN MY CLASS AND I SOMETIMES WANT TO SCREAM AT THEM

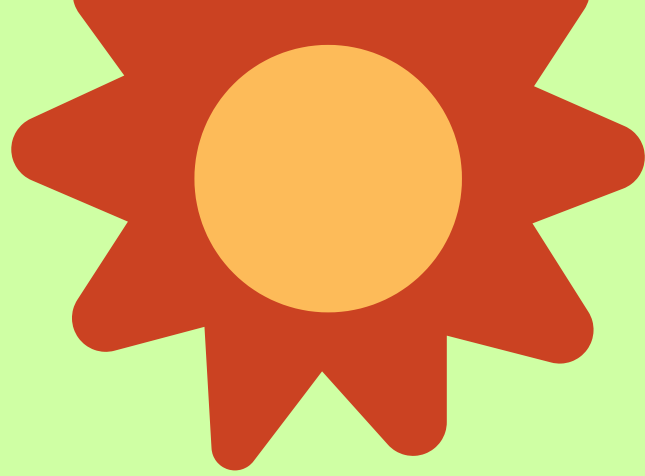
---

The feeling of being frustrated with other people who annoy me is one I know too well. However, oftentimes if I voice my opinion in the way you described, I end up regretting it after. Resorting to screaming might not be the most effective way to get your point across. Instead, you can try calmly expressing your feelings and ask them kindly to be a bit more considerate. Have an honest conversation and while being calm, you should also be assertive. Describe how their behaviour makes you feel and how it impacts your learning. If the situation repeats itself, I would advise finding ways to stay calm, try counting to 10 for example. If these people continue to be annoying, maybe try talking to your teacher about how you feel and recommend consequences for their behaviour.

## I HAVE A BAD NICKNAME AND THEY WON'T STOP

---

Dealing with a hurtful nickname can be incredibly challenging, especially when others continue to use it despite your discomfort. It's important to assertively communicate your feelings and boundaries to those using the nickname. Let them know how the nickname makes you feel and ask them to stop using it. Sometimes people may not realise the impact of their words until it's brought to their attention. If the situation persists despite your efforts, consider seeking support from a trusted friend, family member, or authority figure who can help address the issue. Remember, you deserve to be treated with respect and dignity, and it's okay to stand up for yourself when others' words or actions cross a line



## I HATE MY SMALL BOOBS AND I WANT TO GET A BOOB JOB

---

It is completely normal to feel dissatisfied with your body especially as someone who may be younger and more impressionable.

Firstly, it is important to recognise that your worth and value are not defined by your physical attributes. Consider why you feel this way, comparing yourself to other people? Being exposed to social media too much? Find ways you can address these feelings, tell your friends about it, or your family for example or you can even attempt non medical ways of enhancing this particular aspect about yourself, padded bras for example. If a surgery is what you think you really want, and this will help you achieve complete self love and acceptance and overall make you happier, it is crucial to consider all implications that come with this. Ensure you are fully informed about the procedures and consult with a trusted and qualified surgeon. As someone who struggled with body image myself, I want you to know that you are not alone.

Remember, your body is unique and beautiful the way it is and true confidence can come only from embracing and loving yourself as you are.

## MY BOYFRIEND FLIRTS WITH EVERYONE BUT I DON'T WANT TO ACT JEALOUS AND SAY SOMETHING ABOUT IT

---

Feeling uncomfortable if your partner is crossing boundaries with other people is completely valid, even if you don't want to sound like a 'crazy' or 'controlling' person. However, it is necessary to make sure your partner is completely aware of these boundaries you expect from them pertaining to other people. I would advise speaking to your partner and set clear boundaries of what you expect from them in a calm manner. Don't be too worried about sounding jealous. Jealousy shows you care and if your partner is unwilling to respect the boundaries you set for them, chances are they are not the one for you. One tip is to avoid sounding accusatory and if your partner has something to add also, try to be accommodating. At the end of the day, being in a relationship should make you feel comfortable and happy rather than nervous and you deserve someone that is right for you.

## GOT A PROBLEM?

Send your problems to [student.magazine@montana-zug](mailto:student.magazine@montana-zug) and we will try to help.

# Star Signs

**Aries** - Spring is your time to shine, Aries! The energy of renewal and growth aligns with your adventurous spirit. Embrace new opportunities and let your boldness lead the way. This season, focus on personal growth and self-discovery.

**Taurus** - Taurus, this spring encourages you to find balance. Take some time to appreciate the beauty of nature and indulge in some self-care. Use this season to establish stability in your life and nurture your relationships. Patience will be your key to success.

**Gemini** - Spring brings a burst of creativity for you, Gemini. Express yourself through art, writing, or any other medium that resonates with you. Socialize and connect with others to bring fresh ideas into your life. Embrace change with enthusiasm.

**Cancer** - As the flowers bloom, so does your emotional well-being, Cancer. This spring, focus on strengthening your relationships and creating a harmonious home environment. Take time for self-reflection and allow your intuition to guide you.

**Leo** - Leo, spring is the perfect time for you to shine in your career. Take on new challenges and showcase your leadership skills. Your energy is contagious, so spread positivity and inspire those around you.

**Virgo** - This spring, Virgo, channel your meticulous nature into organising and decluttering your life. Focus on health and well-being, both mentally and physically. Embrace a balanced lifestyle, and you'll find increased productivity.

**Libra** - Libra, your social life flourishes this spring. Strengthen existing relationships and make new connections. Collaborate on projects that align with your passions. Balance your personal and professional life for optimal happiness.

**Scorpio** - Spring brings intensity and passion into your life, Scorpio. Embrace transformation and let go of what no longer serves you. Dive deep into your emotions, but also allow yourself moments of light.

**Sagittarius** - Adventure calls, Sagittarius! Spring is the perfect time for travel or exploring new interests. Broaden your horizons and seek knowledge. Embrace spontaneity, and you'll find fulfillment in unexpected places.

**Capricorn** - Capricorn, focus on your ambitions and career goals this spring. Your hard work will pay off, but make sure to find moments of relaxation and joy. Balance is crucial, and by maintaining it, you'll achieve both personal and professional success.

**Aquarius** - This spring, embrace your unique perspective, Aquarius. Get involved in community projects or social causes that align with your values. Your innovative ideas can make a positive impact on the world.

**Pisces** - Pisces, let your intuition guide you this spring. Focus on self-care and embrace your artistic side. Surround yourself with positive influences and let go of any negativity. This season is about finding peace within and nurturing your dreams.



### **Rat (born 2008)**

There will be many surprises around you this year. With the blessing of good luck, you will be able to give full play to your advantages and abilities and perform better than others.

However, you must pay attention to the balance between work and rest and not work too hard.

### **Ox (born 2009)**

It is better to make comprehensive plans and not be too blind and impulsive. Always take good care of your money and never show off. This year you will be blessed by auspicious stars, so do not worry too much about the future. In terms of spending, don't buy too many flashy things.

### **Tiger (born 2010)**

During 2024, you may have self-doubt, so you must stay calm. When encountering difficulties, always do your best to find a way to solve them.

What's more, you need to control your bad temper, especially in public, and must not be too impulsive or impatient. You may have particularly high emotional ups and downs this year.



### **Rabbit (born 2011)**

You will feel a lot of pressure this year, so you must make themselves stronger. When encountering problems, don't just retreat, but find ways to solve them in time. When you go out, be careful of losing your wallet or being targeted by thieves and robbers. Keep your expensive jewellery safe.

### **Dragon (born 2012)**

You should not set too many goals for yourself this year, or put too much pressure on yourself. In your spare time, it is best to spend more time with family and friends, so that you can draw strength from them. When it comes to money, be cautious, and also tell relatives or friends to protect themselves.

### **Snake (born 2001 and 2013)**

There may be major turning points for you this year. You must grasp this firmly because you won't encounter this opportunity again. With the help of the auspicious star " ", there will be many surprises. Single friends may suddenly confess to the person they have been secretly in love with for a long time.

### Horse (born 2002 and 2014)

You like to be exposed to new things and are eager to meet new friends or do new things. However, if you feel tired, then have a rest. On the road to making money, there will always be experts who can provide guidance but when buying things, do not overspend.



### Goat (born 2003 and 2015)

Your fortunes will be up and down this year. Try to have a clear life plan and not be too confused. Also, be clear about your own shortcomings and make timely adjustments and changes. Although you will have a lot of income this year, never squander money on unimportant things.

### Monkey (born 2004 and 2016)

This year, your fortunes will continue to rise, and your life will become happier day by day. Nevertheless, you should not be too decadent or lazy, nor miss golden opportunities. Always dare to try new things. In terms of relationships, 2024 will be very smooth.

### Dog (born 2006 and 2018)

You will become more positive and progressive this year. When you encounter difficulties, you should not be afraid. Become braver, so that you can get your life back on track. This year, you need to be careful in everything, especially taking care of your health.



### Rooster (born 2005 and 2017)

2024 is a year worth looking forward to in all aspects. As long as you are willing to invest time and energy in anything, the reward will be directly proportional to the effort. You may have substantial financial gains in a short period of time, and there is even the possibility of getting rich overnight. However, don't show it off everywhere.

### Pig (born 2007 and 2019)

Your overall fortune is quite good, but you may encounter some minor troubles. Don't worry though, because relatives and friends will help. What's more, don't be too lazy this year, and put more energy into your studies. In terms of relationships, with the auspicious star "红鸾", happy events are bound to come.





GOOD

LUCK

ON YOUR

EXAMS



HAVE



AN



AMAZING

SUMMER

BREAK!

